

E-CARDINAL NEWSLETTER



12 November 2009

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Coffee, Box Tops, and Soup!

As you prepare your holiday meals, please remember to clip those important LABELS for SJB.

1. Box Tops offers three ways to earn cash for SJB: www.boxtops4education.com

Clip - Clip Box Top coupons from participating products and send them to school.

Shop - Shop at some of your favorite online stores through btfe.com/marketplace and earn 8% automatically for SJB.

Buy books - purchase books online at Barnes & Noble and earn 3% to 6% for SJB.

You can also enter online promotion contests and print money-saving coupons.

2. Campbell Soup Labels are on many products. Please visit

www.labelsforeducation.com for more details.

3. Community Coffee Labels on all coffee products. Please turn them in before Dec. 1 to make this year's deadline!

Thank you for all of your contributions and help toward giving back to SJB!

SJB Yearbook

SJB Yearbook Team is hard at work. We need a little help from our friends! If you have any great pictures you would share, we'd really appreciate it. We need pictures from sports events, field trips, class events, Monster Mash, 2nd grade Saints Mass. Please send on cd-rom or email pictures to Mrs. DeCuir at rdecur@sjbcathedralschool.org.

Jr. Beta Canned Food Drive

The SJB Junior Beta Club is once again sponsoring a canned food drive from Nov. 9 through the morning of Nov. 20. Beta will be collecting canned, boxed, and wrapped staples that will be given to the St. Vincent de Paul's Society. We have been told that people rarely give canned fruits, meats, or fish to the Society, so a few of these, along with other goods, would be greatly appreciated.

One year we collected over 4,000 food items and six parishes were able to fill their Christmas baskets from the items our students sent. We're a small school, but we've seen that we can influence a large area for Christ. Please be generous. There are many needy men, women, and children in our community. May God bless you for your generosity.

Sincerely,
Julianne Raney, Jr. Beta Secretary

Important Dates

Nov. 13 HSA Meeting after Morning Assembly; PK3-K5 Field Trip to SciPort

Nov. 14 Loyola College Prep Entrance Exam; Anointing of the Sick Masses at the Cathedral

Nov. 15 SJB Cheerleader BBQ

Nov. 18 SJB/LCP Mass 9:30 am

Nov. 19 Thanksgiving Prayer Service during Morning Assembly, Cardinal Student of the Month

Nov. 22 Cherub and Angel Choirs sing at Azalea Estates

Nov. 23-27 Thanksgiving Break

Reminders!

✚ If you come inside to pick up your children after school, please use the side doors instead of coming through the front! Thank you for your cooperation!

✚ Thanksgiving Break is Nov. 23-27; please join us for our Thanksgiving Prayer Service the Thursday before break, Nov. 19. The prayer service will take place during Morning Assembly and will be followed by the announcement of our Cardinal Students of the Month!



Eat More Chicken!

IT'S NOT TOO LATE! The Middle School Cheerleaders will be hosting their annual Chicken BBQ THIS Sunday, Nov. 15 in the cafeteria. The Knights of Columbus will be grilling and serving from 10 am until 1 pm and meals are \$6 per dinner. You can purchase tickets from the cheerleaders or from Amy Simon. Get your tickets now!

Parish Work Day

Time to roll up your sleeves! Join Father Peter and several others from the Parish and School for a St. John Berchmans Parish and School Work Day. Saturday, Nov. 14 from 9am until noon, we will be working inside and out to make sure our beloved church and school are squeaky clean.



COUNSELOR'S CORNER: BE "GATEFUL"

Honesty is the best policy! Right?

Obviously, we want to teach our children to be truthful; BUT as adults, we realize that being blunt can be hurtful sometimes. "Does this outfit make me look fat?" "But, am I your BEST friend?" "Am I smart/pretty/athletic?" All of us have been faced with these types of questions AND we have all dreaded having to answer them!

How can we teach our children when an answer should be utterly truthful? Being honest is always the best avenue when speaking. Telling a lie can become a treacherous, complicated road to try to follow; however, evaluating the need to speak AT ALL is probably the most beneficial path to honesty.

A priest in my former parish once explained that if we have the need to articulate something, the message should be able to pass through three gates. If we want to verbalize a thought, the declaration should be:

TRUTHFUL (honest, accurate, candid) ...

KIND (considerate, gentle, caring) ... **AND**

NECESSARY (essential, vital, crucial)

If a statement cannot safely pass through **ALL** of these gates, the issue should not be discussed. A comment that is only **TRUE** need not be disclosed. If a **TRUTHFUL** matter **MUST** be communicated (see **NECESSARY**), find a way to make the announcement **KIND** as well.

A truthful, kind, necessary approach that uses compassionate, empathetic language can assure our "gatefulness".

Wendy C. Gayle, M.A.

Notes from your HSA President, Cheryl Raney

- Monster Mash**
A HUGE thanks goes out to all of our Monster Mash volunteers! Everyone enjoyed a great evening of delicious food & scary fun. Monster Mash...costume contest winners Noah & Gabriel Jose who dressed as Mario & Luigi, Ben Haddock who was dressed as a mad scientist, and Tristan Stewart and Family who were a royal Egyptian family for the occasion. Way to go everyone! Despite the rainy weather & no school we still had record attendance AND we were able to raise around \$5000.00 for our school! Thanks again to everyone who participated!
- Mark your calendars for more FUN!**
Our annual "Pancake Breakfast with Santa" will be held on Saturday December 5th at Applebees on Bert Kouns in Shreveport. Information will be in this week's Thursday Folder. Thanks to Erin LeBrocq and Amy Ogden who will be chairing this year's event.
- SJB 60th pictures are still available for purchase for only \$5.00. Don't miss out on this special commemorative picture. If you have ordered a picture or need to purchase one you may pick them up in the school office.
- You are all invited to our HSA Meeting on Friday, November 13th after morning assembly in Room 101.

The deadline for eCardinal submissions is **TUESDAY** of each week! Get your articles to Mrs. Sciba at ksciba@sjbcathedraischool.org



SJB Family Allison, Clay, Elizabeth, and Clayton Cook had an "Incredibly" great time at Monster Mash!