

E-CARDINAL NEWSLETTER



17 September 2009

1 of 2

Celebrating Grandparents' Day and 60 Years of Education *Friday, September 25th, 2009*

Opening Ceremony: Multi Room

Welcome and Morning Assembly with Mrs. Jo Cazes, Principal
Prayer Service with Deacon John Basco
Slide show of our students and their grandparents

Our Program Begins: 9:00 am Multi Room

Students will perform songs from 1949-Present
Special performances by our cheerleaders and teachers!
At this time, if your child is not scheduled for lunch, you may visit their classroom, take a tour of the school, or have a complimentary Grandparents picture made.

Our Lunch Schedule

Starting at 10:30 am Cafeteria PK3-4th grade students
and their Grandparents & Parents
Delicious Burger Lunch and Ice Cream for dessert!
After lunch, join us in the Multi Room for an exciting story from
our story teller Dr. Mattie Mosley, Retired Professor of Library Sciences

Starting at 11:20 am Cafeteria 5th-8th grade students
and their Grandparents & Parents
Delicious Burger Lunch and Birthday Cake
Then join us for a fun time in the Multi Room as we learn
the different "Dances of the Decades"

Parish Celebration! Sunday, Sept. 27

Bishop Duca will start the festivities with 11 am Mass

12-1:30 Chicken Dinner in the cafeteria—get your tickets **NOW** for this high-demand dinner! Call the Parish Office at 221-5296

1:00-2:30 School Tours by SJB Student Council

1:40 Bingo in the Parish Hall

12-4:00 Vendor booths in Multi Room

12-4:00 Live Music—Flagship, Children's choir, Buddy Flett, and Brian Flanagan

Enjoy these great activities on campus:

Loyola Field—Kids Games, Animal Shelter presentation, Police Demonstrations

Grade School Field—Donkeys

Behind Chapel—Fire truck and concessions

Please purchase your tickets for kids games, chicken dinners, and concessions at the ticket tables.

Important Dates

- 9/20** - Catechetical Sunday 11 am Mass
- 9/21** - Monster Mash Meeting in Room 101 after AM Assembly
2 pm dismissal
8th grade pictures 2:30 pm
- 9/22** - 8th grade pictures 3:30 pm
- 9/25** - Grandparent's Day & SJB Birthday Party
- 9/27** - St. John's Parish Celebration of School's 60th Birthday
- 9/30** - School Mass 8:15 am
Cardinal Student of the Month
- 10/2** - End of the Great American Fundraiser
Feast of Guardian Angels

Reminders!

✝ If you come inside to pick up your children after school, please use the side doors instead of coming through the front! Thank you for your cooperation!

✝ **There is NO SCHOOL Oct. 12 or 23. There will be school Oct. 16.**

✝ We are looking for volunteers to help paint the loading dock of the school! Please arrive at 8 am on Sept. 19 with paint clothes and enthusiasm! Contact Dan Marcalus if you are able to help! 227-8189.

Counselor's Corner

The term "role model" refers to any person who serves as an example or whose behavior is emulated by others. As parents, we are the primary role models for our children. Later our children will look toward their peers and older children for motivation and encouragement. Eventually other adults (teachers, coaches, world leaders, bosses) will have an impact on their lives. In the meantime, we have a fabulous opportunity and tremendous responsibility to make a positive impression on our children.

As role models, we must awaken the child's imagination by providing a nurturing environment where independence and self-esteem are fostered. We must give positive feedback (not false praise) for heroic effort even if it falls short of our expectations. "You worked very hard on this project." "You were very helpful to me in the kitchen today."

We must be aware of the child's need for self-discipline. This is the key to mastering skills and gaining knowledge. We must show the child how to observe, question, and explore ideas. Again, by example, we can best "teach" autonomy. Allow your child to see you working through a difficult task. Let your child help you research something you don't understand or can't explain. "I'm not sure how that car engine works. Let's look it up." Don't be afraid to make mistakes that your child sees. "Oops! I took a wrong turn. Let's try that again."

Finally, we must foster kindness and courtesy. Show tolerance for your children and others. Don't be quick to judge that someone else's habits or ideas are wrong because they are different than what is practiced in your house. Practice random acts of kindness without expectation of a payback or reward.

In the words of St. Francis, "It is no use walking anywhere to preach unless our walking is our preaching."

- Wendy C. Gayle, MA

Notes from your HSA President, Cheryl Raney

- The SJB 60th T-shirts are in and have been delivered to everyone who ordered one. Don't forget to wear your shirt to school on Friday, September 25th for Grandparents Day/60th Birthday party. Thanks to Brandy Brocato for coordinating all of the orders and Jody Raney for the design of the shirt.
- Our Great American Fundraiser began Sept. 10. Our school receives 50% of all sales. Don't forget to offer the great gifts and wrapping paper to out of town friends and family and remind them they can shop online at www.gafundraising.com. Once online, enter the online store and include our ID#978585. Thanks to Kim Stringfellow for chairing this event!
- We still need some volunteers for the Red River Revel. Please see the sign up board outside of the Multi Room. Our SJB booth will feature Delicious Philly Cheese Steaks and Taco Salad. Please email Jody Raney at jody@bledsoearchitects.com with any questions.
- A Monster Mash planning meeting is scheduled for Monday, September 21st after morning assembly in Room 101. If you signed up at Parent Orientation you should have received an email regarding the meeting. Everyone is invited to attend!

DETERMINATION

Here are a few tips to keep up your determination this week!

* **Write it down!**

Keep a record of what your goal is and your efforts toward it - this will help you recognize your own strengths and weaknesses and it will give you a boost of encouragement!

* **Hot Coals**

A heap of burning coals stays hot for a longer period of time than a single coal, which will start up and cool off quickly. So surround yourself with hot coals—people who have a similar drive and determination as you. You will keep one another going and you will be less likely to "burn out."

* **Use Your Head!**

Make sure that your goals are reasonably set and don't be afraid to take one step at a time and celebrate little accomplishments on the way!